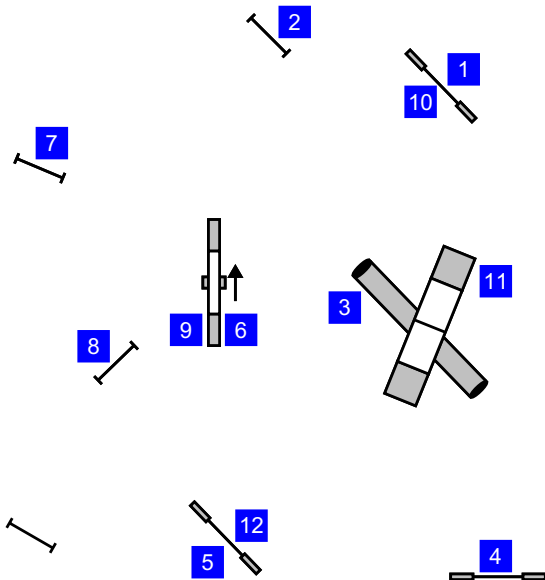
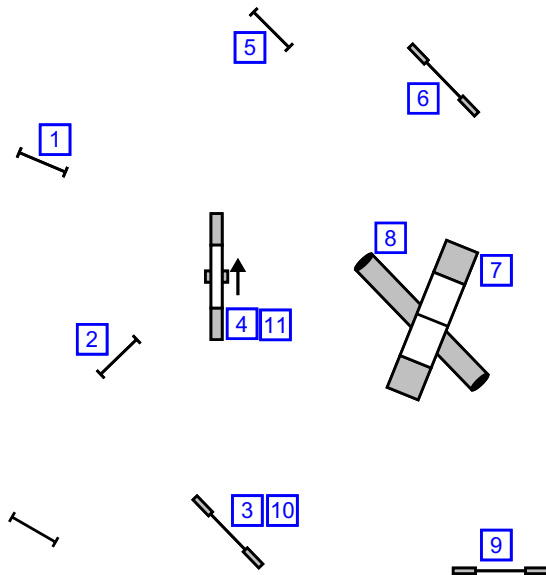


ARFF 7-26-23: Teeter and A-frame workout



Front crosses after the teeter may work best.



Which way to turn your dog after #3 and #10 to get the best approach to the teeter?