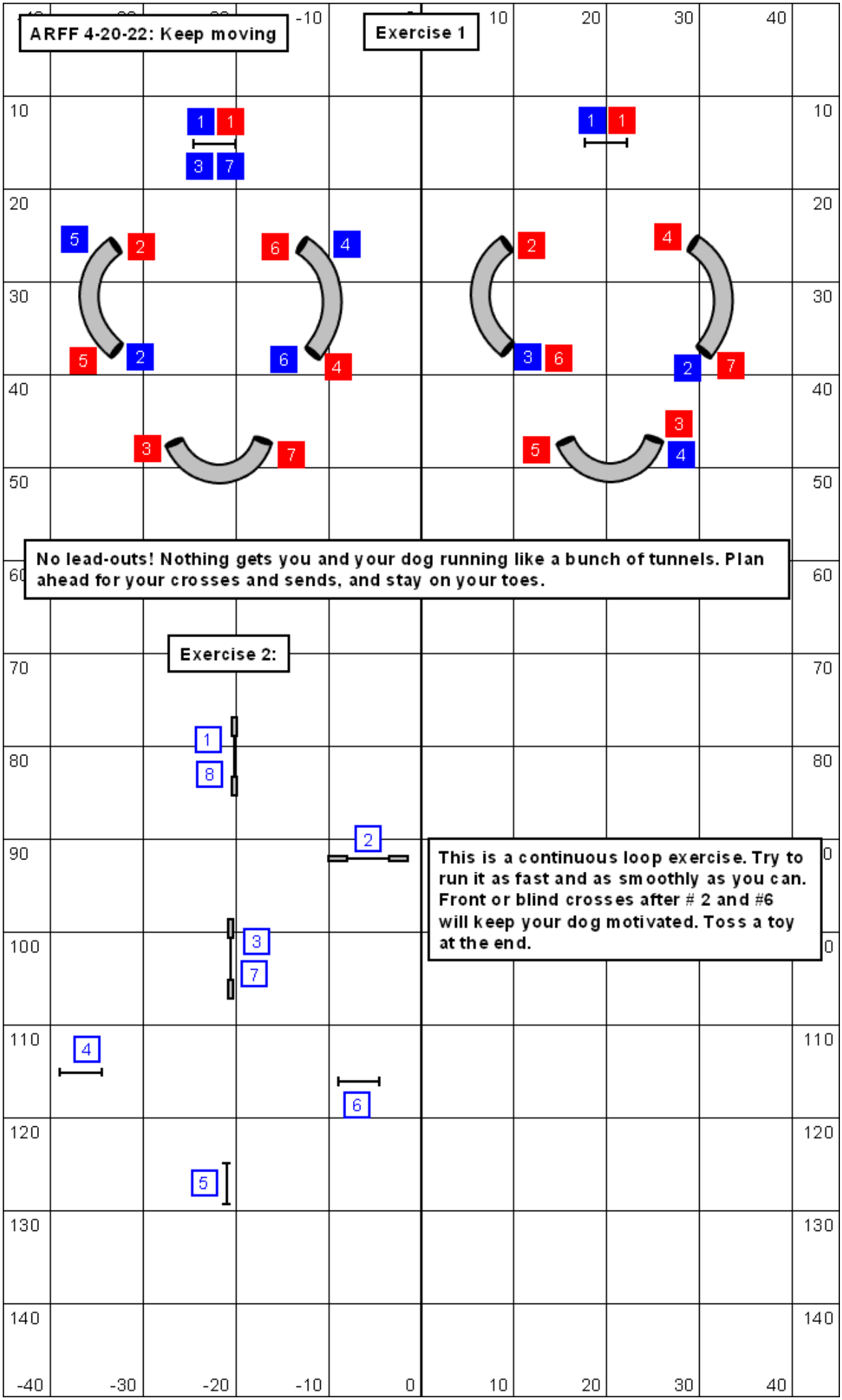
ARFF 4-20-22: Keep moving
Exercise 1
No lead-outs! Nothing gets you and your dog running like a bunch of tunnels. Plan ahead for your crosses and sends, and stay on your toes.
Exercise 2:
This is a continuous loop exercise. Try to run it as fast and as smoothly as you can. Front or blind crosses after # 2 and #6 will keep your dog motivated. Toss a toy at the end.