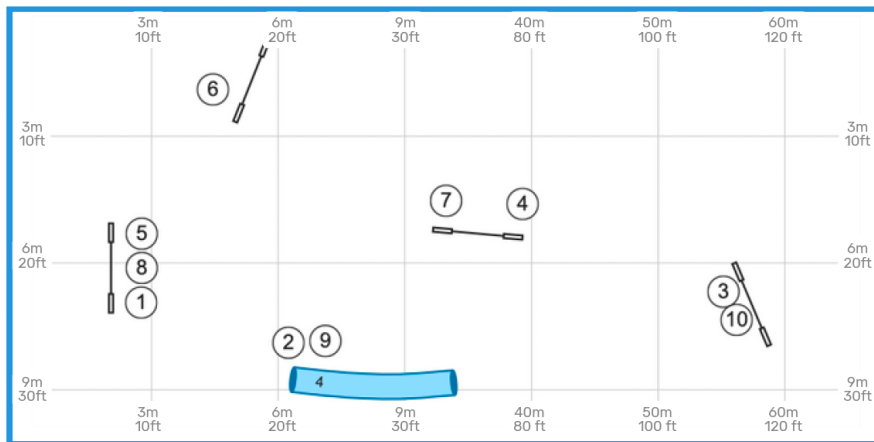


OMD Ex 1

From One Mind Dogs: Front & blind crosses (jump #7) & sending to jumps from the tunnel (distance work). Don't worry about the fancy language.



Handling Suggestion:

- Start dog on your right for #1 and either do a **Lateral Push**, or do a **Reverse Spin** if your dog needs more turning information
- Keep dog on right on #3-4 and do a **Blind cross** at least one stride before the dog takes off for #4
- **Front Cross** on #7
- **Lateral Push** on #8



Techniques you can try on this course

Lateral Push
Reverse Spin
Blind Cross
Front Cross